



The W.U.C. Uniter

Woodroffe United Church
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woodroffeunited.org



Fall 2014

*We thank Thee, then, O Father, for all things bright and good,
The seed time and the harvest, our life, our health, and food;*

- Matthias Claudius, tr. Jane Campbell

Happy Fall Everyone!

- Matt Gallinger

Another beautiful summer has come and gone. The kids are back in school, the days are growing shorter, and Calgary has already had their first snowfall. Aren't you glad you don't live there?

This season is a season of change, and it is a time of change for us, too. The Joint Needs Assessment Committee has been hard at work, and we are moving forward on changes to the ministry arrangements here at Woodroffe. What those changes will be, exactly, will be a part of the Congregational Meeting to be held on September 28. All are welcome to attend the meeting, but voting will be limited to those who are members of the Congregation.

And speaking of members, we will be welcoming some new members into the Congregation this fall! If that is something you have been considering for a while, please speak to me, or to Sue Smarkala as soon as possible.

The season of Creation begins on Sunday, September 14. We will be focussing on a variety of subjects throughout this fall, all related to ideas of both the gifts of Creation, and our responsibilities to care for what we have been given. This season runs until Thanksgiving, fittingly enough. The Sanctuary will be coloured orange in anticipation of the orange leaves, and even if you can't be in worship, I hope you will have some time to appreciate the beauty and wonder of the world around us, and to reflect on what kind of world we are leaving for generations yet to come.

In this in between time of our ministry staffing, we have decided to take on a 5 hours per week Pastoral Care position. Alan Edwards, who is a retired United Church Minister, will be helping out with our Pastoral Care needs, as my time is rearranged a little. So it may be Alan who comes to see you, on behalf of the Congregation. He will be with us until such time as the new ministry positions are arranged and staffed.

Amidst all of this, life continues!! The Bazaar is coming. The first Woodroffe Cafe of the year is coming, and it will be a wine tasting! Church School is under way. The choir have already sung their first beautiful anthem. And God's work continues to be done in this place! Hallelujah. As the book of Ecclesiastes says: "For everything there is a season, and a time for every matter under heaven."

Good News - neighbour assists in rehab of parking lot

- Brent Cuthbert, Chair of Administration and Finance

For over a year, on some days, parking was at a premium because of the retirement home workmen parking in our lot. Well, they compensated us to the tune of \$25,000 to \$30,000 for that inconvenience.

After all work was finished, I approached Claridge, the owner of the retirement home, and asked if they would repair our parking lot after all the truck usage during the building process. They agreed to pay for the new look in our lot today—to the tune of almost \$17,000.

We thank them for being a good neighbour.

Memorials

- Iain McGilveray

*If ye break faith with us who die, We shall not sleep,
though poppies grow In Flanders fields.* (John McCrae, 1915)

A couple of years ago, I passed the marvellous Memorial Clock Tower in Hokitika, South Island, New Zealand. When I first saw it, I thought it was one of the ubiquitous monuments to the soldiers of the Great War (WW1) seen in every village, town or city of the "British Empire". However, it turned out to be a dual purpose monument to 4 troopers lost in the South African War 1899-1901 and to commemorate the coronation of Edward VII in 1902. Two decades later, the monument industry flourished as the numbers commemorated were astounding.



On this centenary year of WWI, CBC reported that there are about 7,000 memorials of various types spread around Canada, including simple crosses, cenotaphs, the National War Memorial on Elgin Street, as well as memorial halls, arenas, etc. The number of dead from WWI is difficult to estimate but one source suggests a total of 17 million service men, including 60,000 Canadians, and 4.5 million civilians were killed. Many soldiers lost in the mud to artillery bombardments are memorialized in monuments such as the Menin gate in Ypres, Belgium, their final resting places only *Known unto God*. In this "War to End Wars", the people of the countries on both sides had hopes that such carnage would be avoided in future, and after the 1919 Peace Conference, the League of Nations was initiated. However, aside from other small wars such as the Turkish War of Independence (1919-23) and the not so small Sino-Japanese war (1937-41), the Second World War demonstrated that avoidance of war remains difficult.

The estimated death toll in WWII ranges from approximately 60 to 85 million, making it the deadliest war in world history. Civilians killed totaled from 38 to 55 million, including 19 to 25 million from war-related disease and famine. Total military dead were from 22 to 25 million, including deaths in captivity of about 5 million prisoners of war. Clearly today, despite setting up the United Nations (sequel to the League), humankind continues to pursue war. Humanity has not lived up to John McCrae's 1915 challenge.

The other phrase that is uttered around the world on Remembrance Day, November 11, is *Lest We Forget*, written in the 1897 poem *Recessional* by Empire Poet Laureate, Rudyard Kipling, who lost his only son in WWI. But going back to the memorials, it becomes more and more difficult to remember our fathers', grand and great grandfathers' (and mothers') generation after 100 years.

One thing I suggest to honour both McCrae's & Kipling's sentiments is that we look to our churches. Although they have many financial problems, as our buildings are sold, churches could rescue the many memorial plaques that adorn the walls of old churches and consider how to gather them. A central depository in Ottawa, perhaps, or more considerate of our sacrificed people, provincial places of remembrance are possibilities. The T. Eaton store memorial plaque from Toronto is kept in the Canadian War Museum, for example. Such a project would honour, both John McCrae's and Rudyard Kipling's pleas.

Going back to *In Flanders Field*, John McCrae wrote this poem after he'd buried and paid tribute to a young friend from Ottawa, Lieutenant Alexis Helmer. Alex had worshiped in Bank Street and Chalmers Presbyterian Churches in Ottawa. Dominion-Chalmers church replaced both these congregations and there is a plaque to Lieutenant Helmer in that church, noting the connection to *In Flanders Field*.

Local Outreach Activity

- Sandi Bain Forsyth

In May, members of the Local Outreach Committee got together and made vegetable trays and dips for 300 people. This was for the Pinecrest-Queensway Community Health Centre (PQCHC) Pathways Program Graduation. This is a very worthwhile program that we are happy to support. The students come from diverse backgrounds, with many handicaps and obstacles in their way. At PQCHC, they find staff and volunteer mentors who care and believe in them and encourage them when they are ready to give up. With this guidance, the students manage to complete high school and go on to University and College. Jan Lougheed and I attended the dinner and ceremonies. The students and their families were so proud! It was a privilege to share in their success!

Your local outreach has a good working relationship with PQCHC, and we will continue this throughout the year. Our plan is to encourage callers to the church with problems to contact PQCHC for assistance. We will strive to help some of them when called upon by the Centre.

Some of our activities with PQCHC include:

Each summer the Woodroffe Church Congregation provides donations of school supplies. Our members are very generous and Nancy Metcalfe delivered 2 trunk loads of supplies. The Local Outreach Committee purchased 44 backpacks to which 6 more were added by donation. These items were delivered in August and September.

Each fall our committee purchases gift cards for the intake workers at PQCHC to use with their clients throughout the year. Twenty \$10 gift cards from Shoppers Drug Mart and twenty \$10 gift cards from Giant Tiger were delivered on September 4 to intake worker, Cindi Rye.

Christian Education Committee

- Ray Cuthbert, Chair

As Bob Dylan said, "The Times They Are A-Changin'." Children in the Church School have changed classes and we welcome new Church School teachers, Kira Mathers and Greg Lightfoot. In June we bade farewell to our Children and Youth Program Development Assistant, Sandra Smith, but are fortunate to have had Cathy Seaborn come forward and volunteer to be the

Church School Coordinator, where she has already made an impact! With the Church going through a Joint Needs Assessment Process, it does seem that *change is constant*, to paraphrase an ancient Greek philosopher.

But despite all this change, much remains the same. The 96th Ottawa Scout Group will continue to offer a great program for the youth. The Church School is blessed to have dedicated teachers returning. The school has a good curriculum, *The Whole People of God*, from which to teach, and of course, we are blessed with having super children and youth to teach.

Cathy Seaborn has written an excellent article about what the Church School will be up to the next little while; be sure to read it! We will continue to work toward helping a student attend the Chipembi Girls Secondary School from Grade 8 through Grade 12, as it is something that will make a difference. CE will be holding many of the same events as last year, like the popular Babies and Friends Luncheon on November 23. At the time of writing this article, the CE Committee has not yet had its first meeting, so stay tuned. I am sure there will be other news to announce, such as the date of our Church School Open House, where tasty goodies always make an appearance!

There is another fun year ahead for the Christian Education Committee. If you are interested in helping out as a committee member or as a teacher, let us know—we would be glad to have you!

In fellowship, Ray

Grandmother's Scripture Cake Recipe

4 1/2 cups of _____	1 Kings 1:22
1 1/2 cups of _____	Judges 5:22
1 1/2 cups of _____	Judges 4:19
2 cups of _____	Jeremiah 6:20
2 tsp of _____	Amos 4:5
_____ to taste	2 Chronicles 9:9
1 cup of _____	Number 17:8
2 cups of _____	1 Samuel 30:12
2 Tbs of _____	1 Samuel 14:25
1 pinch of _____	Leviticus 2:13
2 cups of _____	Nahum 3:12
6 _____	Jeremiah 17:11

Add candied peel and follow Solomon's advice for making a "good boy" (Proverbs 23:14). (The answers are best found in the King James' Version of the bible, or look on the last page).

What's Going On in the Church School This Year?

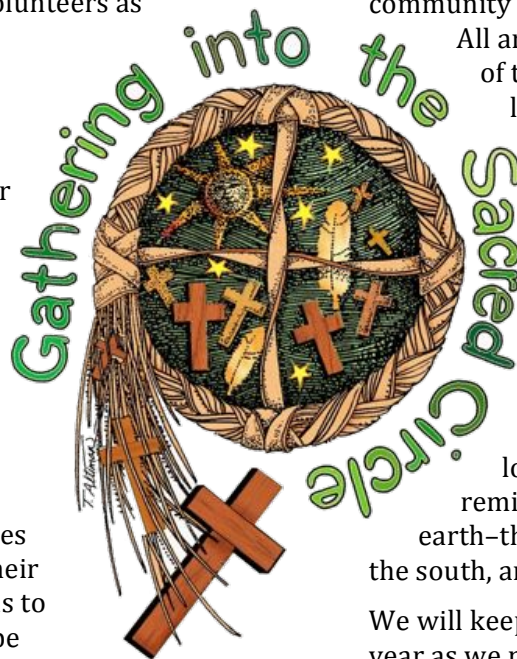
- Cathy Seaborn, Church School Coordinator

Glad you asked ...

We have new faces in our church school this year. We have some new teachers that have graciously volunteered their time (Kira Mathers and Greg Lightfoot). Rick Maynes will be staying on with us and Louise McRae will act as a supply teacher this year and help out, as required, after spending many dedicated years in the Church School full-time. We are blessed to have such loyal and committed mentors in our church. I am pleased to be stepping in as volunteer Church School Coordinator and only hope to fill the shoes of my predecessor. We continue to look for more volunteers as the church season begins.

The Church School will be learning from **The Whole People of God** once again this church season. This year includes readings from the gospel of Matthew and, in this season, the Exodus story. We will be following the Moses saga in Unit 1—so we are looking back to the very beginnings of our faith community in the Judeo-Christian heritage. The stories of the Hebrew people and their struggle to be faithful help us to reflect on what it means to be faithful in our time.

The logo for Unit 1 is a circle, symbolizing God (whose love has no beginning or ending like a circle) and the interconnection of the whole creation. The circle is made with braided sweet grass, which is used by many people of the First



Nations throughout North America to purify or cleanse the body and soul. The sojourn in the desert was a time of cleansing and transformation of the Hebrew people.

The symbol, Gathering into The Sacred Circle, reflects Native and non-Native Christian people coming together into the Sacred Circle or Christian community, to begin building this community, and to explore how God is with us. The non-Native Christian people are symbolized by the crosses; the Native community are represented by the feathers.

All are gathering into the Sacred Circle of the braided sweet grass. The

leather strips represent the four directions, which are very important to the Native community. The Christian community is pictured exploring the universe which is symbolized by the sun and the stars.

Worldwide Communion Sunday also occurs during this unit. The logo with its four directions reminds us of all the peoples of the earth—those who live in the north, the east, the south, and the west.

We will keep you posted during the church year as we move on to Unit 2 in November and December and look forward to embracing the congregation with our presence. We look forward to seeing you at the Church School Open House in the weeks to come and having you meet the teachers and the children. Our door is always open to visitors.

Senior Choir

- Tricia Curtis, Choir President

It is September, and the choir in the chancel! You will see a couple of new faces singing with us, to replace some who are no longer singing with us regularly. We can always use new singers, so if you are interested in joining us, talk to Katarina or any choir member, and come on Thursday evening at 7:30 to join our rehearsal. A love of singing is all you need to have—formal musical training is not required. We'll be doing a Christmas concert with the choir and orchestra from St. John's again, so if that interests you, we will be starting our practices soon, beginning at 7:00 pm, before the regular Thursday rehearsal time. Please join us—the choir is made up of a great group of people who love to make music together.

To Lay Read or Not To Lay Read

- Cathy Seaborn

... that is the question. Last church season I was simply amazed at the talent in our church congregation. Reading scripture is sacred to many and we have so many lovely readers in our midst. We come together as one in the service, and what better way than to read from the Bible.

I know Matt is very pleased to have lay readers in place to assist him with the service. I am sure he would agree that most Sundays, he is very happy to share the pulpit with one of us.

So a huge 'thank you' to those who have bravely shared their talent, their enthusiasm and their commitment—it can sometimes be a little intimidating standing before the congregation, trying to pronounce some of the more obscure names and places in the Bible.

Volunteer lay readers are in place for September and October 2014. Those who read last year can expect a call or an e-mail from me at some time. In the meantime, if you would like to read please contact me at 613-692-5449 or cathyseaborn@outlook.com, or catch me after church. Your talent will be put to good use.

B.C. Churches Visited

- Patricia Curtis

As in summers past, Ralph and I attended a couple of other United Churches while travelling in B.C. It is always interesting to see how members of other churches worship, hear the music they sing, and learn their traditions.

At Campbell River United Church, halfway up Vancouver Island, we were greeted by the hum of voices and the smell of fresh coffee. Not only do they have coffee after service, they have it *before* worship, with cafe tables set up in the entry of the church. We were welcomed warmly. This congregation was written up in the summer *Observer*, because they run a breakfast club for the children of the school next door. I was surprised to see prayer candles available. If you wished, you could light one before worship, or light one during the offering.

Keeping-in-Touch Visiting

- Sue Smarkala, Chair, Membership Relations

In John Patton's Pastoral Care article, we read "...*In between are those circumstances which call for an ongoing commitment—long or short-term—by (at least) one member of the congregation to take on responsibility for caring for another.*"

The Membership Relations Committee ensures Woodroffe United stays in touch with folks who, for whatever reason, for a time, are unable to attend church regularly. These are people many of us know and who may have sat beside us in the pew. Recently, we renamed 'Home Bound' visiting to 'Keeping-In-Touch' visiting or K.I.T. With this program we continue to offer a personal Woodroffe United face to our congregants through phone calls and/or occasional personal visits. We want everyone to feel the presence of their church community.

Matt and I are putting our heads together now to make a roster of people who may want a phone call or visit occasionally. We will be looking for people to 'keep in touch' with one or two individuals each. Perhaps someone you used to chat with at church and are missing ... just a 5 minute phone call, to **Keep In Touch!**

If you know someone who would want to be on the K.I.T. roster, or if you would be interested in making a phone call every now and again, please speak to Matt or me. We are all called to K.I.T.

Prayer requests could also be given in writing before the service, for inclusion in the prayers of the people. Music was from *Voices United* and *More Voices*, with other hymns projected on a screen.

In Victoria, we attended Cordova Bay United Church. Once again, we were very warmly welcomed. And we saw prayer candles—I've never thought of these as part of a United Church, but why not? If you wanted, you could take a candle and holder back to your home church, to link the two churches. Most music was from *More Voices*, although the singing was louder when a hymn from *Voices United* was sung! It was a small church, and quite full on a summer Sunday. I was told it is quite an active church, all year long.

Now, back to Woodroffe, for another interesting year!

Woodroffe's Pastoral Care Team

- John Patton, Coordinator

The following passage from the Book of Micah (6:8) neatly summarizes what God expects of us as faithful followers.

... what does the Lord require of you but to do justice, and to love kindness and to walk humbly with your God?

Jesus echoed this when he summarized the Law as: love God and your neighbour. Sounds simple doesn't it? And yet, we often struggle with it—especially the part about loving our neighbour. What does it mean to “love kindness?” Who is our “neighbour?”

I like to think that it means, at least in part, to care for and about others, to want the best for them, and to reach out to them when they are hurting. In both the Hebrew and Christian Scriptures, the image of the *good shepherd* is often used to express this. It is from that *pastoral* image that we get the term *pastoral care*. Often, the term is capitalized—Pastoral Care—and thus acquires a formal connotation that implies special calling or training. And, indeed, some kinds of pastoral care do benefit from professional training—but by no means all.

At Woodroffe, pastoral care occurs on a daily basis and in a variety of ways. At one end of the continuum is what happens every Sunday (though not only then), when members of the congregation reach out to each other in caring and supportive ways, be it a cheerful “good morning” as we arrive, a quiet chat in the pew before or after the service or a cheery greeting when we encounter someone at the mall. The weekly bulletin reminds us of this when it notes, “We are all called to ministry.” At the other end, is the care provided, usually by the Minister, to those in situations of acute need—typically surrounding a death or serious illness. In between are those circumstances which call for an ongoing commitment—long or short-term—by one

member of the congregation to take on responsibility for caring for another. One example is members who are largely confined to their homes and are unable to attend church regularly. A group of regular visitors, the Keep In Touch program, ensures that these members of our family remain connected in a very personal way. As well, they receive a personal letter every two weeks and special attention at Christmas and Easter. The letter- and card-writers and shortbread deliverers are providing pastoral care. In some cases, from time to time, members of the congregation find themselves in a particularly difficult or crisis situation that may call for someone with special skills or training to assist or augment the support provided by the Minister. This is where the Pastoral Care Team comes in.

Woodroffe's team is currently composed of the Minister and lay members who have completed a ten-week training program to develop their listening skills and their ability to respond pastorally and confidentially when a crisis arises. These skills are maintained and enhanced through continuing education programs provided by the Pastoral Care Training Program and community agencies. The team meets monthly from September to June for mutual support, sharing and learning and, each fall, covenants with the congregation to care for one another.

Current team members are Judy Chaplin, Wes Dearham, Lynn Hampton, Deb Lester, Marg MacLeod, Jeannette Montgomery, John Patton, Cathy Seaborn and Dave Watson.

If you have or are aware of a pastoral care need or would like more information about the work of the Pastoral Care Team, please contact Rev. Matt Gallinger or John Patton (613-729-4139) or any member of the team. All such communication is kept strictly confidential.

Passages

- Don Mutch, Keeper of the membership roll

The following members and adherents have died since May, 2014:

Jean MacMillan	June 3	Joan McLeod	August 4
Ulrich ter Haar Romeny	July 13	Norman Ivall	August 6
Winnifred Johnston	August 1	Jean Rintoul	August 12

96th Ottawa Venturers

- Peter Morrison, Advisor

The Venturers have had a very busy spring, beginning with a private tour of the Senate and Centre Block with Senator Marjorie LeBreton. Later in March, we joined the Scouts for an evening of laser tag and an afternoon of curling at the Granite Club. Due to the extended winter, we were able to skate and play a bit of hockey the last week of March on our greenbelt pond. Also this year, twelve Scouting youth and leaders took a boating basics course in order to obtain our Pleasure Craft Operator Card. Thanks to our own Don Partridge for helping to set this up for us. In mid-April, with some snow still on the ground, we did an evening of geocaching in the western greenbelt. In late April (finally with no snow on the ground), we were able to participate in the Great Canadian Shoreline Cleanup, cleaning up a portion of the river shoreline & creeks/ponds in Andrew Haydon Park. Our spring camp was a backpacking trek through Frontenac Provincial Park in early May, camping both nights in the interior, and doing some little side-hikes to natural and historic spots of interest. In May, we joined the groundhogs, ducks, squirrels, and geese of Bate Island and had an evening BBQ and some ad-hoc games of frisbee & ball. Later in May we biked from the church out into the western greenbelt and back. Early June saw about 150 members of our current Scouting family (and a few recent graduates) join us for our annual BBQ

in the park next to the church on a beautiful summer evening, followed by the viewing of the always anticipated highlight films of video clips from our Scouting year set to music, in the Banquet Hall. Though the BBQ typically signals the end of our program year, this year, all four of the sections, including some 35 or so Beavers, Cubs, Scouts, Venturers, and leaders paid a visit to our new friends and neighbours in the Carlingwood Retirement residence next to the church and led a bit of a campfire program and sing-a-long, followed by refreshments and mingling, getting to know our new neighbours, with the youth telling the residents of their adventures in Scouting this year, and our senior friends telling us all kinds of interesting stories.

This will be the final Scouting article by this reporter, as, after 17 years of commitment to the 96th Ottawa Scout Group, I have decided to take a bit of a step back. I would like to take this opportunity to thank all those in the Woodroffe community who have been so supportive and interested in all our activities over these many years. Many of these activities and traditions will continue (yes, I expect maple syrup will continue next Spring) as the group is strong and has many dedicated leadership teams in place.

(Editor's note: Peter does not mention that at the spring BBQ, there was a tribute to his exceptional leadership over the years. A number of former Scouts, Venturers and leaders returned to help celebrate.)

Cat Inside

- Jamie & Shirley Hockin

It's that time of year when the signs about the bazaar appear. You know the ones that ask us not to bring in televisions and Readers' Digest Condensed Books. That is because these things don't sell. But should we add "no cats" to the list? On September 2, someone left a moving box next to the church parking lot that was labelled "cat inside". Sure enough, inside, there was a cat with a bed, food, three toys and a note asking that someone take care of the cat because her owner was no longer able to.

We had been talking about getting another Siamese cat for a while, and when we saw the email that a home was needed for a cat with blue eyes and Siamese markings, we didn't hesitate to

drop by the office to see the foundling. Of course, you all know that this could only lead to one outcome. Ruby (she came with the name Beanie, but our cats always have people names) is now in our home, getting used to the other occupants. As a Siamese, she loves people, and she is already having fun with the other cats.

Ruby is not your typical foundling; she is in excellent health and has obviously been well loved and cared for. We will be sure to carry on that love and care, and we offer thanks to her former family for getting her off to a good start.



What's Happening at WUC Sep-Dec 2014

21 Sep	Worship Service - Covenanting with Church Volunteer Leaders
28 Sep	9:00 am New Members' Breakfast 10:00 am Worship Service 11:00 am Congregational Meeting 7:30 pm Woodroffe United Café - Wine Tasting
05 Oct	Worship Service - Worldwide Communion
12 Oct	Worship Service - Thanksgiving Sunday
13 Oct	Office Closed
19 Oct	Worship Service - Stewardship Campaign Kickoff 11:00 am - Bazaar Sunday & Lunch
25 Oct	Bazaar - 9:00 am to 1:00 pm
26 Oct	Worship Service
02 Nov	Worship Service 11:30 Seniors & Friends Fall Luncheon - Matt will talk about his family's trip to Russia
09 Nov	Remembrance Sunday
16 Nov	Worship Service
23 Nov	Worship Service - Stewardship Sunday 11:00 am Babies and Friends Lunch 7:30 pm Woodroffe United Café - Wills & Power of Attorney - Top 10 Things to Know
28 Nov	Advent Reflection Group
30 Nov	Worship Service - Advent 1 Communion, "Deck the Halls" Lunch, Carol Sing
05 Dec	Advent Reflection Group
06 Dec	Turkey Supper & Christmas Concert with the Strings of St. John's and combined choirs
07 Dec	Worship Service - Advent 2 White Gifts, Lessons & Carols Service 7:00 pm Kindle a Flame Service
12 Dec	Advent Reflection Group
14 Dec	Worship Service - Advent 3 Church School Pageant 2:00 pm at St. John's - Christmas Concert with the Strings of St. John's and combined choirs
19 Dec	Advent Reflection Group
21 Dec	Worship Service - Advent 4
24 Dec	Christmas Eve Services 7:00 pm Family Service 11:00 pm Communion
25,26 Dec	Church Closed
28 Dec	Worship Service
31 Dec,	New Year's Eve - Church closed at noon
01 Jan	

Add candied peel and follow Solomon's advice for making a "good boy" (Proverbs 23:14 "Thou shalt beat him with the rod, and shalt deliver his soul from hell. 350 degrees will do, and you will have a very good cake. This makes a large cake. There are variations of the recipe that can be found on the internet.

Grandmother's Scripture Cake Recipe (answers)
 4 1/2 cups flour, 1 1/2 cups butter
 1 1/2 cups milk, 2 cups sugar
 2 tsp baking powder, spices to taste
 1 cup almonds, 2 cups raisins
 2 Tbs honey, 1 pinch salt
 2 cups figs, 6 eggs

Article submission

Registered users of the web site may submit articles at any time. In the month prior to publication, temporary access is provided to unregistered users. Save time and the frustration of Word! Submit online. This also saves the editor time.

WUC Uinter September 11, 2014

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